



Newsletter

John H Reddin Province
Vice Supreme Master Richard Espinosa

November 2020

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**FATHER MCGIVNEY HAS BEEN
BEATIFIED!**

October 31, 2020

Blessed Michael J. McGivney

Pray for Us

Beatification Mass

[Click to view the Beatification Mass](#)

[Celebrate the Beatification of Fr. Michael J. McGivney](#)

Everything you need to know about the Beatification of Father McGivney can be found at kofc.org/beatification! Watch a brief **video** that shows everything offered on the site including a **council resource page** to ensure your council has everything it needs to celebrate the beatification throughout the year! Resources to read, watch, pray, act and order will be added regularly, **including new, full-color banners**. **Click here to order now!**

[Join the McGivney Guild](#)



Membership in the Guild is free and open to anyone who is devoted to Father McGivney and wishes to invoke his intercession and assist in his sainthood cause through prayer. Members receive a quarterly newsletter and are remembered in a weekly Mass offered for their intentions. **Learn more here.**

[Blessed Michael J. McGivney Medallion](#)

To celebrate the beatification of our founder, Father Michael J. McGivney, **commemorative medallions*** will be awarded to every recruiter who recruits 5 or more members during the 2020-2021 fraternal year.

**Only recruiters from insurance jurisdictions are eligible for the Blessed Michael J. McGivney Medallion incentive.*



“VIVA CRISTO REY”



Advent comes from the Latin word meaning "coming." Jesus is coming, and Advent is intended to be a season of preparation for His arrival. While we typically regard Advent as a joyous season, it is also intended to be a period of preparation, much like Lent. Prayer, penance and fasting are appropriate during this season.

Advent is not as strict as Lent, and there are no rules for fasting, but it is meant to be a period of self-preparation. The purple color associated with Advent is also the color of penance. The faithful should fast during the first two weeks in particular and receive the Sacrament of Reconciliation.

The color of the Third Sunday of Advent is rose. This color symbolizes joy and represents the happiness we will experience when Jesus comes again. The Third Sunday is a day of anticipatory celebration. It is formerly called "Gaudete" Sunday; gaudete means "rejoice" in Latin.

Finally, Sundays during Advent, just as during Lent, should not be given to fasting, but instead to celebration because we celebrate the resurrection of Our Lord every Sunday. It is important to remember, however, there are no particular rules for how the laity should observe Advent.

Advent 2020 begins on Sunday, November 29 and ends on Thursday, December 24.



UNITED STATES ELECTION DAY – NOVEMBER 3RD

NONPARTISAN NATIONAL GET OUT AND VOTE PROGRAM

As Catholics and citizens, members of the Knights of Columbus should vote and should encourage members of their families, parishes, and communities to vote. Members are not permitted to engage in partisan political activity in the name of the Knights of Columbus. Partisan political activity is defined as action directed toward success or failure of a political party, candidate for political office, or political group.

The tiles below contain links to nonpartisan websites maintained by the National Association of Secretaries of State and the U.S. Election Assistance Commission.*

A PRAYER FOR PROTECTION IN TIME OF PANDEMIC



The ancient fresco of Madonna del Soccorso (Our Lady of Help) in St. Peter's Basilica was restored with the support of the Knights of Columbus to mark the Year of Faith (2012-2013). Photo courtesy of Fabrizio di San Pietro&M. Palazzo.

O Mary,
you always brighten our path
as a sign of salvation and of hope.
We entrust ourselves to you, Health of the Sick,
who, at the Cross, took part in Jesus' pain
while remaining steadfast in faith.

O loving Mother,
you know what we need,
and we are confident you will provide for us
as at Cana in Galilee.

Intercede for us with your Son Jesus,
the Divine Physician,
for those who have fallen ill,
for those who are vulnerable,
and for those who have died.

Intercede also for those charged with
protecting the health and safety of others
and for those who are tending to the sick
and seeking a cure.

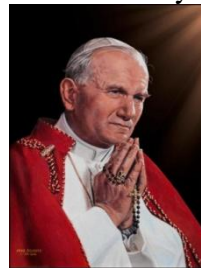
Help us, O Mother of Divine Love,
to conform to the will of the Father
and to do as we are told by Jesus,
who took upon himself our
sufferings and carried our sorrows,
so as to lead us, through the Cross,
to the glory of the Resurrection. Amen.

*Under thy protection we seek refuge,
O Holy Mother of God.
In our needs, despise not our petitions,
but deliver us always from all dangers,
O glorious and blessed Virgin. Amen.*

Adapted from the prayer of Pope Francis

KNIGHTS OF  COLUMBUS

Saint John Paul's Prayer For Peace



Lord Jesus Christ, who is called the Prince of Peace,
who are yourself our peace and reconciliation,
who so often said, "Peace to you," grant us peace.
Make all men and women witnesses of truth, justice,
and brotherly love.

Banish from their hearts whatever might endanger peace.

Enlighten our rulers that they may
guarantee and defend the great gift of peace.

May all peoples on the earth
become as brothers and sisters.

May longed for peace blossom forth
and reign always over us all.

- Pope John Paul II

Vice Supreme Master

Richard Espinosa
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Saint Jose,
Littlest soldier of Christ,
whose last bloody steps
brought you to the arms
of our Lady and our Lord.
Keep healthy and strong
the steps of our Lord's
soldiers who remain
here on earth,
so that they may have
your strength to endure
and preserve to the end.
Amen
Viva Cristo Rey!

Saint Jose Sanchez Del Rio,
Pray for the Patriotic Degree
of the Knights of Columbus



Vice Supreme Master Richard Espinosa

I want to congratulate the new District Masters, Arizona District Master Drew Mansager, Colorado District Master David Davis, and Utah District Master Richard Hall on their appointments for the John H. Reddin Province. We welcome back Clint Deeley of New Mexico serving his 2nd year. The Province looks forward to working with the leadership of our District Masters.

On October 10th the John H. Reddin held a virtual Provincial Meeting. The meeting was well attended with 40 Sir Knights. I want to thank the entire brother Sir Knights, who attended, along with the State Deputies from the Province, Arizona State Deputy Mario Vasallo, Colorado State Deputy Chris Foley, New Mexico State Deputy Daniel Vigil and Utah State Deputy Nick Nielson.

The meeting had a lot of information that was presented by several speakers from the Province. I want to thank the presenters along with Assistant Supreme Secretary Patrick Mason who spoke to the membership on how important the 4th is to the order.

During the Supreme Assembly both the Supreme Knight Carl Anderson and Supreme Master Dennis Stoddard voiced concerns about the age of the 4th Degree. As of August 30, 2020, the total 4th degree membership 367,516:

- 18-29 Members - 6,524
- 30-44 Members - 28,491
- 46-64 Members - 133,326
- Over 65 Members - 199,175
- Average age 65

As you can see we are getting older and need to recruit younger members. We can work together with older and younger Sir Knights to make this happen.

As we face challenging times during this pandemic the need to show unity and work together is a must by all Sir Knights. We are now the modern-day Cristeros standing for our faith, Family, Knights of Columbus, and community.

God Bless, stay safe my brother Sir knights, and let's pray to end this pandemic.

Viva Cristo Rey!

Richard Espinosa , Vice Supreme Master
John H. Reddin Province

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 **Arizona Master Drew Mansager**

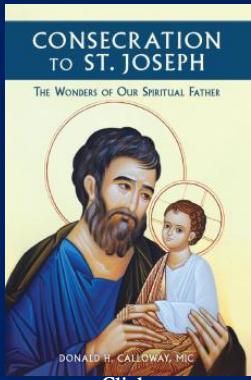


Drew Mansager, and his wife Deb, are retired elementary school teachers. They taught for the International School of Prague in Czechoslovakia from 1981 to 1984, while it was under communist rule.

Returning to teach in Mammoth, Arizona he established an award-winning chess team and later, the “Trumpeting Mammoths” school brass band which performed for past Governor Janet Napolitano, as well as various local church and civic celebrations. He was named Pinal County’s Rural Teacher of the Year and to “Who’s Who Among America’s Teachers” for 16 years.

After retiring, he directed the San Manuel community band, consisting of approximately 20 adult musicians who performed repeatedly at the Tucson Veterans’ Hospital, as well as local patriotic and holiday occasions.

Drew’s father was a Charter Knight of Council 5542 in San Manuel in 1964 and Drew was a Charter Knight when the Council was reactivated in 2001.



He served as Grand Knight of Council 5542 from 2007 to 2009, attaining one of the early Double Star Council awards for membership. In 2013 he served as District Deputy of District 006, Faithful Navigator of Assembly 2308 and started his tenure as Marshal, AZ South. Drew served four years as DD 006 from 2012-2016.

In his “spare time” Drew likes to practice the bagpipes and work on his 1968 Karmann Ghia convertible.

He has two married children who, along with Drew, are both graduates of the University of Arizona. Deb and Drew have two granddaughters.

They continue to reside in San Manuel, AZ.

Fraternally,
Drew Mansager
AZ District Master

BECOME A KNIGHT
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LINE

[CLICK HERE](#)



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Colorado Master David Davis



I grew up living in the country about a mile southeast of Shipman, Illinois. Besides my parents, I have two sisters one older, one younger. The older one is still married while the younger one is divorced and living alone though she has four kids and nine grandkids. Her eldest took his life earlier this year and left behind two young boys. My older sister has three kids one of which is married and has two children. As for me I was an average school kid though I spent two years in first grade. At the end of my first grade year my teacher and parents looked at my progress and thought it was best I repeat the first grade. It was a smart thing to do because I was not all that mature for a first grader but the second time around I began to get the hang of things and did better. That was not to say I did not need additional help later. In fourth grade I was sent to remedial reading while all my other classmates got to do art or music. Add to that between my fourth and fifth grade years I went to summer school. I enjoyed it and it gave me something different to do over the summer. It all paid off as my reading and comprehension improved so much that upon starting fifth grade I was put in the smart kids reading group. Being the kind of kid I was I was eventually moved back with the other kids because I just was not comfortable being with the smart kids. I was an average kid and not all that smart I remember thinking. My fifth grade year was a year that I learned to walk in someone else's shoes before passing judgment on them. This lesson has stayed with me since then.

My sixth grade year is when I started to take an interest in sports. I participated in the little league basketball and track that school year. It was my experience that year that helped me figure out which sport to pursue in Junior High and beyond. I decided I would not face the wrath of others if I participated in track. It was something I could do that few others had an interest in. And so it was I participated in Track from seventh grade through my junior year in High school. I did not participate my senior year because there was no one from the school interested in track that year so the school board cancelled the program. I was a good enough track member though that I received a Varsity Letter my sophomore and junior years. Not bad for someone who independently never won a single race.

While in grade school and through High School I became a member of one of the local 4-H clubs. It was here that I would meet other kids from my home town area and surrounding area. I participated in the meetings and held all the offices except President. Since I had held most all the offices and I was 18 at the time of my senior year the Adult leaders created the office of Junior Leader. The overall thing I really liked about 4-H was the yearly Basketball games. When I got in seventh grade I made sure my Mother and Dad knew I was interested in playing and they made sure I was at all the games. I got to play every game because so few from the club participated. While in High School I took Agriculture classes and became a Future Farmer (FFA). I joined FFA my sophomore year. When I was a senior and already a chapter farmer the Ag Instructor recommended I try for the Star State Agribusiness Award. He said, my grades were good and my work experience was sufficient enough, so I went for it. While I got the Chapter Agribusiness Award I did not get the State one. As a consolation prize I still got the State Farmer Award. I thought that was a nice finish to my Senior Year!

Starting in Junior High I was being encouraged to think about what I wanted to do once I left High School. I decided in Junior High I wanted to go to College but what I would major in I had no idea. It was not until my early High School years after reading various pamphlets on careers that I decided that meteorology was the area of study I would pursue. My parents even got me an at home weather kit to encourage my interests. My high school grades for Chemistry were average but my Physics class grades were not. Based on the curriculum of the school I was interested in attending Physics wasn't that big a part of the schooling so I thought I would be fine. The problem was my grades in High School while above average were not good enough nor were my ACT and SAT scores. I decided to attend the local Junior College and at some point I could transfer my credits and be half way through.

My first semester in Junior College was an eye opener. The entry level chemistry class was very difficult and so was the physics class. I ended up failing out of the chemistry class and getting a low grade in the physics class. Add to that my writing skills were not good so I spent the entire first year taking remedial English classes to bring my writing up to college level. My second year I switched my classes around and started focusing on Agribusiness. Since I was not smart enough to handle the chemistry class and my love for the country life was strong I felt a life in Agribusiness was for me.

I did get better grades but I grew disillusioned and at the end of my second year I decided I needed to go to work in something related to Agribusiness and then maybe try again later. Part of my disillusionment was the lack of social involvement and I needed to be around others my own age and do some of the things I saw or heard of my friends doing.

I landed a job at a NAPA parts store that only lasted a couple weeks or so. I was fired by the owner with the excuse I was a good worker but I was not catching on to the work fast enough for him to keep me on. I was disappointed and went home upset but I understood what the owner was saying. Within a week I had been hired by an International Harvester Dealership in Litchfield, Illinois as a parts man. The owner was a family friend and the parts manager was someone my Dad had went to school with. The pay was ok. It was enough to allow me to make my car payment, put gas in the car, pay insurance on the car and still leave me with some spending money. It was what I thought I needed to start living life and figure out what I was really cut out to do.

After working for a couple years as a parts man life was ok but I wanted more and I was not sure I wanted to spend my life working as a parts man. The pay was not enough that I could afford to move out of my parents' home either. Figuring out where from here was an overriding thought. What to do with my life would be a periodic discussion with my lifelong friend, my siblings, brother-in-law and parents until a specific event occurred. A beautiful young lady took an interest in me and then broke my heart. That event made me stop and realize I was letting events decide what my future would be when in fact I had the controls all along. I just needed to take a direction and make it work.

And so I did. After over three years as a parts man I quit work and went back to school. I went back to the Junior College and completed an Associate's Degree in Liberal Arts. I then started studying for a career in Data Processing at the Junior College. My Brother-in-Law had done that and had a good job as a COBOL Programmer Analyst and my skill set lined up pretty well with that field of study. The only problem was just as I started to pursue it the entry level requirements for a job in Data Processing changed from an Associate's Degree to a Bachelor's Degree. Fortunately for me a somewhat nearby University was offering courses in the field and so I transferred my credits to that school and continued my education there. It took me an additional three years but I managed to achieve my goal of getting a Bachelor's Degree in my chosen field.

While I was attending the University I moved to on campus housing. Soon after moving there my roommate introduced me to the Membership Director of the local College Knights of Columbus Council. In February 1984 I took my First Degree and the following month I took the Second and Third Degrees. I did it because it seemed to finally address something I needed. Camaraderie with others of similar interests and back grounds.

Little did I know that within 16 months after becoming a third degree member I would be only the third Grand Knight of Council 8343. I struggled the entire time that year to get guys involved and to keep activities going like the prior two Grand Knights.

The Council struggled in general and when the new Grand Knight was elected it did not improve. I went off to live my life like all the others who graduated and I only learned of the collapse of the Council when I went to find out why I had not gotten a dues notice.

Upon showing up at the place where the Council normally met I was told that a guy with a different Council several miles away had taken over the Financial Secretaries job and had all the information I needed. I found out where the Council was meeting and went to one of their activities. I renewed my membership at that time with them and then transferred to the Council in Petersburg Virginia. While a member of the Council there I became a Fourth Degree Knight. The Exemplification took place on October 30, 1993. That is the date shown on the Certificate I was given to mark the occasion.

Why was I in Petersburg, Virginia? I had joined the Army because finding a job in my chosen career field was proving difficult. Anytime I got away from my transcript I could get an interview but being an average student meant few jobs were open to me in that field. After trying my hand at managing a Hotel Bar and then a Video Store I went back to the Community College I had graduated from to take a couple programming courses and it was then I came up on a recruiters list. I signed up on the delayed entry program to be a Programmer Analyst.

The Army, I hoped, would allow me the time and experience to be able to land a job in my chosen career field. It did help me develop a skill set that I could use in the private sector. That skill set was Oracle Database Administration. Upon coming to the end of my initial enlistment I found a job in Denver Colorado as a contractor working at what was then US West. I transferred my membership to Council 5161 in Southeast Denver and my Fourth Degree Membership to John H Reddin Assembly 87. The job at US West only lasted about 7 months but it was long enough that I got to know a couple other contractors whom I could use as references for a job opening at Invesco Funds Group. I got the job at Invesco as an Oracle Database Administrator. I stayed there for over four years before I quit and went to work at Time Warner Telecom (TWTC) as an Oracle Database Administrator. I would have stayed there until I retired but as luck would have it I got terminated. I found work four months later at Open Technology Solutions (OTS) as an Oracle Database Administrator. I retired from there on May 8, 2020. In my time as a Database Administrator I also got training in Sybase and Microsoft SQL Server. So my skill set expanded but I mostly was an Oracle Database Administrator.

Towards the end of my time at TWTC I met the woman who would become my wife. Her name is Graciela Corral. We met on a trip that was coordinated by a Brother Sir Knight who liked to travel. He had a stand set up at the Colorado State Convention in 2006 advertising a trip titled Eastern Europe and John Paul II. The trip was a two week one and I had never been to Poland so I signed up. The trip also included Austria, Hungary, Slovakia and the Czech Republic and it was scheduled to begin at the end of September of that year.

Everyone had roommates on this trip and mine was Father Krensky. Father had the desire to have dinner with all of the folks on the trip. The first night was at the Westin Hotel in Krakow, Poland. Father and I were seated at a table with two empty chairs across from us. The dining room was set up Buffet style and had just enough room to seat everyone. As luck would have it the last two individuals to go through the line were my future bride and her roommate. The only two seats left were those across from Father and me. We enjoyed dinner together and chatted lightly about different things. By the end of the two week trip Graciela's roommate let me know that she liked me. We did not make any arrangements then.

It was later once we were all back here in the states that one of the group members arranged for everyone to meet at Graciela's restaurant. I showed up with my pictures I had taken but I had not had time to put them in a picture album. Graciela volunteered to do that if I put them in the order they were taken. We arranged to meet at her house a few days later where I brought her the pictures and the picture album. Upon meeting we sat and talked a bit and I asked her out to dinner. She accepted. We went out New Year's Eve and got along well enough we took in a movie too.

We have been together ever since. One May 1, 2009, I proposed to her and on September 4, 2010, we were married. Graciela still owns and operates the restaurant though it is not in the building she was in at the time of our meeting.

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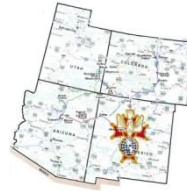
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 **New Mexico Master Clinton “CJ” Deeley**



Hello Sir Knights,

I pray all are well. For this final newsletter it was asked of me to put together a biography of who I am.

I grew up in the small farm town of Camden in Upstate NY with my parents, sisters and brother. After High School and a year of college, I entered the Air Force in 1989 at Lackland AFB, TX. During my time of service, I served at 11 different military bases in Europe, Pacific, Peterson AFB, CO, Kirtland AFB, NM (twice) and Cannon AFB, NM (twice). I worked two different jobs. The first was a welder. The second, which was the majority of my Air Force Career, was a Command Post Controller. Overall, I retired after 22½ years as an E7/MSgt. During this same time, I ended up completing a Bachelors of Applied Science Degree for Rochester Institute of Technology in 2009. The time in the military through today would not have been possible without my Bride of now 26 years, Trudy. I met her during my first military assignment at Kirtland AFB. Lady Trudy and I have two boys Dominic (25) and Kevin (20). They are our pride and joy watching them grow into two fine young men.

I currently work for a company called Leidos in which I still support the active duty Air Force as a Unit Deployment Manager.

As a Knight, I became a Knight in 2014 after being asked by one of my Brother Knight's to join. He told me that I was already doing everything needed, supporting the Church as an usher and helping where needed. I received my 1st Degree with Council 9504, Cannon AFB, and St Francis Assisi Catholic Community. As many, I drove around the State of NM to receive my 2nd and 3rd Degree. In 2015, I became a Fourth Degree in Tijeras, NM.

During 2015, the brothers of my Council elected me as Grand Knight. With help of the Council and Brothers, especially our Financial Secretary Jose Lafuente, we succeeded in getting Star Council the second year of my term.

Subsequently, I served as Deputy Grand Knight and currently as Financial Secretary. Also, I have served as Scribe and Faithful Pilot of Assembly 1686 in the Clovis Area. Lastly, I have served as District Marshal for District Master's Rich Favela and Richard Espinosa.

It has truly been an honor serving the Council, Assembly and District. It has allowed me to receive the fundamental understanding of what the Knights of Columbus is at Charity, Unity, Fraternity and Patriotism.

It has been a true honor serving as District Master this past year; however this would not be possible without many behind the scenes making it possible. First are the District Marshals, Eddie Serna, Ed Martinez, Chuck Dubois, Geoff Bacon, Jerry DeMorrow, Sam Serna, Steve Sutton, Rich Hoyle and Ceasar Archangel. Without you in contact with the Assemblies on a regular basis, this job would be a quite a task...thank you. Second, our great Exemplification Team, Anthony Salazar- District Captain, Jim McCabe, Ron Meyer, James Matise, Matthew Seltzer, Paul Benoit, George Burton, Raul Chavez, Geoff Bacon and Frank Melo. You all have always made the 4th Degree Ceremony a memorable event for all the candidates throughout the last few years. Thank you. Third, Frank Melo has been the editor of our District Newsletter and this Provincial Newsletter. Thanks to his time and efforts, his newsletters have been seen by thousands of Brothers in the Province. Thank you, SK Frank, for the great work. Thank you to our State Deputy and State Council in your support and guidance in helping to keep the Fourth Degree included during State events. Lastly, thank you to the New Mexico Assemblies, I would not be able function without you as Faithful Navigators and Assemblies completing your duties of the Patriotic Degree.

I serve for the glory of God. I was taught when I joined the Knights that we are here to serve God, our Families, our Parish and our Priests. May you all have faith that what you do as Knights is not overshadowed by what currently is going on with our Country and World. Always remember, we as Knights, are in this for the long game that is not of this earth but to be able to enter our Father's house when he calls us. Tempus Fugit; Memento Mori!

Blessings to you all,
CJ
Clinton Deeley

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Utah Master Richard Hall



Brother VSM Richard and Sir Knights a bit of a brief introduction of myself and family as the new Utah DM.

Introducing myself, I am the new Utah DM, Richard F. Hall, preferred nick name “Dick”. My wife and I come from south eastern Nebraska. We grew up in Richardson County farm country. Met at Sacred Heart High School in Falls City, Nebraska. We have been married 52 years, with 4 children, 3 sons and 1 daughter (Richard Jr, Christie, Daniel, and Matthew). As live long Catholics we are active in parish affairs and educated our children K-12 in the parochial system wherever we lived. We are also blessed with 5 grandchildren (Rachael, Taylor, Tanner, Zoey and Skyler). We have lived in 8 different states during military, college, research grants etc. One notable period, due to lack of housing, we lived on a riverbank in a tent while I worked as research associate in a nuclear reactor at Oak Ridge National Labs. It was quite the dichotomy of lifestyles between day and night.

I was drafted into the Army 1968 and stationed in Viet Nam, I Corps, Americal Division, 198th, 1/52nd Infantry as a combat soldier. Spent my time there in Charlie company 3rd Platoon. Managed to get in country for TET offensive of 1968. Combat related medals Bronze Star (V) and Purple Heart. Recuperated at Fitzsimons General Army Hospital in Colorado. After service I attended Rockhurst University (Jesuits) graduating with a degree in chemistry, going on the University of Utah (Salt Lake City) attaining my master’s degree.

Welcome
the new "VA.gov"

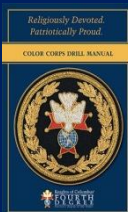


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Color Corp Drill Manual
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My career started with Hercules Inc. in the aerospace industry specializing in missile propellant quality and development. Moved on to gun powder development with Winchester (Olin Corp.). Finally moving into the Composites Industry supporting military and commercial aerospace structures with Hexcel Corp. Traveled widely across US and Europe supporting some 30 Manufacturing sites. Retired in 2010.

My personal interests include, snow skiing (Amputee 3 tracker), golf, bird and big game hunting, youth sports coaching. Coaching involved working with handicapped skiing (All ages), youth baseball, soccer, football, and lacrosse. Coaching experience cover a wide variety of age levels and spanned from 1968 through 2011. At one time my wife and I collected the names of those I coached which exceeded 1,100 and included those that went on as College athletes and 1 pro Soccer Player. I must say that the years of coaching taught me to deal with individuals in a positive light and included learning to deal with the athletes' parents. There are many other church and community volunteer efforts that could be mentioned but this is not an autobiography.

Finally, the Knights of Columbus stuff. Joined the knights as a charter member of St Ambrose council 15418 (Salt Lake City, Ut) in 2011. Held positions of FS, GK, PGK, Trustee, Programs Director. Joined 4th Degree in 2012 and was Charter FN of Padre Pio Assembly 2636 (Park City, Ut) moved on as FA, FC. Have multiple Star Councils and earned Civic and To Be Patriot awards for the Assembly. Still active in both Council and Assembly affairs. I am finding the new DM role as challenging and am looking forward to meeting the needs of the degree in the *New Normal* of our Pandemic world.

God Bless America
Viva Christo Rey!
Richard F (Dick) Hall Utah DM

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Fund Meals For Homeless
And Hungry Veterans for FREE



Supreme Knight calls on Fourth Degree Knights

The “primary mission” of the Fourth Degree Knights is to bring unity, brotherhood, mentorship to Catholic men

By Andrew Fowler 10/12/2020

Catholic patriotism is “needed now more than perhaps during any other time” in the nation’s history, Supreme Knight Carl Anderson told attendees at the 110th Supreme Assembly Annual Meeting, which was held virtually on Sept. 22.

He stressed that members of the Fourth Degree, also known as the Patriotic Degree, must serve as mentors and role models for young Catholic men during these times.

“Many of our communities are being torn apart and they’ve lost a sense of brotherhood, lost a sense of unity, lost a sense of patriotism and what unites us as citizens,” Supreme Knight Anderson said. “This must be our mission: to call, especially Catholic men, back to a sense of brotherhood and unity. To me, this is the primary mission of the Fourth Degree.”

The Supreme Assembly, which oversees the Fourth Degree, met under the leadership of Supreme Master Dennis Stoddard. During the meeting, the attendees discussed opportunities for welcoming more Knights into the Fourth Degree, as well as implementing patriotic mentorship for Hispanic Catholics, Native American Catholics and other minorities.

Supreme Knight Anderson said the miracle attributed to K of C founder Father Michael J. McGivney, [recently recognized by Pope Francis](#), is a “clear sign from heaven” about the importance, relevancy and necessity of the Knights of Columbus in today’s culture.

“In the year in which we have such a divinely-inspired sign from heaven to us, this is the year we must grow,” he said. “This is the year we must have the courage to tackle the tough issues. This is the year we have to do the hard and necessary work that only Catholic men can do — and I believe that only the Knights of Columbus can do.”

The supreme knight also compared recent desecration and vandalism of Catholic churches to the discrimination faced by the Irish-Catholics who formed the Knights of Columbus under Father McGivney’s leadership in the late 19th century.

“They knew the value of religious freedom and of being a respected citizen with full rights of citizenship,” Supreme Knight Anderson said. “When we look around today, we see a similar need for Catholics to have their religious liberty respected, to have their churches, statues and religious symbols respected and protected.”

Patriotism has been one of the four principles of the Knights of Columbus since the Fourth Degree was established in 1900. The Fourth Degree consists of Knights who have the [special honor](#) of holding the title “Sir Knight,” participating in color and honor guards, and organizing programs that promote Catholic citizenship. When taking the Fourth Degree, Knights become part of a Fourth Degree Assembly in their area. There are more than 3,500 Fourth Degree assemblies around the world.

The Supreme Assembly recognized several assemblies who exemplified the patriotic duty Knights strive for in their communities with the “To Be A Patriot Award.” The recipients were:

Jackson Area Assembly 2186 in Jackson, Mich., partnered with the VFW and American Legion to erect a monument honoring veterans as part of their “That They Never Be Forgotten Program.” The Fourth Degree followed the dedication ceremony and memorial service by assembling at the local cemetery to read the names of deceased service members.

Monsignor Bruno Hubertus Assembly 1791 in New Braunfels, Texas, hosted the “Helping Combat Veterans” event, which focused on identifying and providing healing for moral injuries that veterans may have incurred on the battlefield. The event was held at the Lackland Air Force Base and attended by more than 150 active duty and retired military personnel.

Father Joseph O’Callahan, SJ Assembly 2820 in Las Vegas, Nev., partnered with the Forgotten-Not-Gone Veterans Organization — an organization that focuses on helping suffering veterans through physical activity and interacting with society — to fundraise for velocycles, which are three to four-wheel bicycles. The Knights volunteered more than 600 hours of service towards this program.

To learn more about the Fourth Degree members of the Knights of Columbus, click [here](#).

Originally published in a weekly edition of Knightline, a resource for K of C leaders and members. To access Knightline’s archives, click [here](#). Share your story with Knightline by emailing knightline@kofc.org or andrew.fowler@kofc.org.

From Charles H Gallina, PSD/FVSM, KHS, VAVS National Representative, Liaison, Archdiocese for the Military Services, USA

Worthy Vice Supreme Masters, Worthy District Masters, Worthy VAVS Representatives and Deputy Representatives,

The paper below was presented to the National Reps and Deps at the annual VAVS National Advisory Committee (NAC) meeting. In it, the presenters discuss the possible impact of the Covid-19 on the vulnerable veterans and Parkinson's population, increased or sustained suicide, from depression and suicidal ideations from *loneness and social isolation*. The article also discusses in detail the VA program "*Compassionate Contact Corps*".

The problems addressed are real. The *Compassionate Contact Corps*" is an exceptional program worthy of consideration for KofC Volunteers.

Please review the article to get a more sound understanding of the possible impact of Covid-19 on our Veterans, and, I would add, on many lonely and isolated individuals Nationwide. And, I invite you to highlight the *Compassionate Contact Corps*" as a serious volunteer opportunity".

Vivat Jesus

Semper Fidelis

Chuck Gallina

Charles H Gallina, PSD/FVSM, KHS
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A Synergy of Pandemics

On 22 September 2020, Dr. Indira Subramanian, MD, and I had the pleasure of presenting **A Synergy of Pandemics: Loneliness, Suicide, Parkinson and COVID-19 in Veterans** to the VA Voluntary Service National Advisory Committee. We shared the somber dual realities that we are still losing entirely too many Veterans to suicide (**over 6,000/year, approximately 17 day**) and that Parkinson's Disease is a fast-growing, service-connected disability. We discussed the affects the COVID-19 pandemic may have on vulnerable populations such as Veterans and People with Parkinson's (PWP) and *new* strategies to help reduce or eliminate two of the primary social determinants of depression and suicidal ideations in these two overlapping demographics.

We know one of the factors leading to suicidal ideations is depression. Depression is caused by a number of determinants, but two of the primary social determinants are loneliness and social isolation. The good news is, we have the tools and the unique opportunity to do something about this. In fact, VA Voluntary Service has developed and implemented a social prescribing program called Compassionate Contact Corps. What this program does is take Veterans that have been clinically referred, i.e. socially prescribed, and matches them with well-trained VAVS volunteers. Volunteers are trained in active listening, empathy, and suicide prevention, among other skills necessary to ensure a successful and meaningful rapport.

The Compassionate Contact Corps program began in March 2020 as a response to Covid-19 and used many of the foundational tools developed from the Volunteer In-Home Visitor Program. Although it started at only eight sites, it is now being implemented at nearly 50 sites and counting. Several VA Central Office program offices have contributed to the training guide, including Caregiver Support, Office of Mental Health and Suicide Prevention, and Home-based Primary Care. This program is designed as more than a “health and welfare check”. It is also more than a standard phone buddy program. This is a tele-support (video and telephonic) program designed to reduce or eliminate two of the major social determinants of depression in our Veterans.

You can help in three ways:

1. You can ask the VA Voluntary Service Officer or Chief at your local VA medical center about volunteering for the program.
2. If you are a Veteran or Caregiver and think you might benefit from the program, please ask your VA provider (physician or social worker) or patient experience officer about participating.
3. If you know someone that might be lonely or socially isolated and could possibly benefit from the program, please reach out and let them know about Compassionate Contact Corps.

Finally, we would like to leave you by answering four myths commonly associated with loneliness and social isolated.

Myth #1: Social isolation and loneliness are the same thing:

Social isolation has been defined as the lack of integration of people into their social environment. Living alone, possessing fewer social network ties, and minimal social contact are all potential warning markers of social isolation. Measuring social isolation has involved an objective quantifiable approach to establish a lack of social contact and smaller social network size. Historically, social isolation has been defined by measures of household content, marital status, and numbers of friends. **Loneliness**, in contrast, is an undesirable subjective emotional state in which there is a perception of social isolation, or the “felt” experience of being lonely. **Loneliness has also been described as the dissatisfaction with the discrepancy between desired and actual social relationships. It is related to “unfulfilled intimate and social needs”.**

Myth #2: I am happily married - there is no way I can be lonely:

Researchers have identified three dimensions of loneliness reflecting the particular relationships that are missing. **Intimate, or emotional loneliness** is the yearning for a close confidante or emotional partner. Relational, or social, loneliness is the longing for close friendships and social companionship. **Collective loneliness** is the need for a network or community of people who share one’s sense of purpose and interests. Loneliness can be felt if any one of these dimensions is not satisfied and **hence it is possible to be happily married and still feel lonely.**

Health care providers need to be vigilant about these spheres of loneliness so that they can seek and help treat patients who are at risk for getting lonely in any of these unmet arenas of social contact. We all need someone to confide in or a group of people with a like purpose in which to belong. Belonging to a Veteran organization can be helpful in this regard.

Myth #3: Social isolation does not impact quality of life in people in 2020 since there is so much technology and people really do not really need other people: In aging populations there have been comparisons in the literature of social isolation being shown to be as detrimental to health as smoking or obesity. One key study reported the increased likelihood of death was 26% for reported loneliness, 29% for social isolation, and 32% for living alone. A review of the literature on social isolation in aging revealed a detrimental impact on depression, cardiovascular risk, and well-being. To put it another way, **social isolation is as bad for your health as smoking a half a pack of cigarettes a day or of being obese.** These issues can be very important for **caregivers** as well. We all need social connection. **Veterans** are particularly at risk for social isolation and loneliness as it can increase the risk of depression, anxiety, substance abuse and risk of suicide.

Myth #4: Even if I am lonely, there is nothing that I or my doctor can do to help me: Social prescribing is a new concept in which clinicians recommend or prescribe resources or activities in the community to help patient develop healthy social connections. The Veteran's Administration has recently created the "Compassionate Contact Corps Program" using volunteers to call veterans who are lonely and check in on them. Volunteering can help loneliness as well and so it has been proposed that veterans can be paired up with volunteers to make such calls. During the COVID-19 era, social distancing can significantly worsen social isolation. The "shelter in place" interventions may put a population of vulnerable patients at increased risk for poor outcomes due to a diminished ability to socially engage and exercise. Social distancing intended to prevent the spread of this and future pandemics is expected to put a strain on burned out caregivers who also may be socially isolated. New interventions such as virtual support groups using technology where patients can visualize one another on a screen or virtual exercise classes may be a critical source for human connection. A virtual happy hour or tea party may be helpful to keep patients connected. Proactive phone calls to patients from fellow patients, support group leaders, volunteers or health care providers may be a critical link to the outside world for vets who may lack a computer, smart phone, internet connection (due to cost or remoteness) or who may be technologically-challenged.

The pandemic of social isolation and loneliness is a mounting concern in our society today and there has been a call to action in highlighting this as a major public health concern akin to a pandemic. Social connection is a universal human need. We urge you to pick up the phone and reach out to someone who may have been forgotten and may be lonely or socially disconnected. It could be the only human contact that the person may have had in a long time and could make a world of difference.

For additional information about loneliness, social isolation, Parkinson Disease or participating in Compassionate Contact Corps as a volunteer or Veteran, please contact Dr. Subramanian at <mailto:Indira.Subramanian@va.gov> or Mr. Prince Taylor at <mailto:prince.taylor@va.gov>

Star Assembly Award

Assemblies that excel in membership recruitment, sponsoring patriotic programs in their communities, report to the Supreme Council office and keep their members and others informed of assembly activities are eligible to earn the Star Assembly Award.

Your Assembly can earn the Star Assembly Award by completing the following:

- Earn the Fourth Degree *Civic Award*
- Enter the "To Be A Patriot" competition
- Meet the assembly new member goal of 7%
- Submit the *Report of Officers* — # 186 (due July 1)
- Submit the *Annual Survey of Fraternal Activity* — #1728 (due January 31)
- Submit the *Annual Assembly Audit Report* — #1315 (due June 30)
- Publish a monthly newsletter or bulletin for assembly members

Civic Award

The Civic Award is a tribute to the spirit of patriotism and national pride exemplified by the assembly's program of activities.



In order to qualify, the assembly must conduct and report at least four varied patriotic programs held within the fraternal year.

The application for the *Civic Award* (#2321) must be received by the Supreme Office no later than June 30.

To Be A Patriot Award

Established in 1985, the "To Be A Patriot" Award annually recognizes the three best patriotic programs conducted by Fourth Degree Assemblies each fraternal year.

The assembly must submit a report on their single best patriotic activity on form #TBP-2 and send it directly to the Master by April 30. Entries are judged at the district, provincial and international levels.



STAR ASSEMBLY AWARD CHECKLIST

- Report of Officers**
Form #186 (due July 1)
- Annual Survey of Fraternal Activity**
Form 1728 (due January 31)
- Annual Assembly Audit Report**
Form 1315 (due June 30)
- Earn the Fourth Degree Civic Award**
Form 2321 (due June 30)

Our four varied Patriotic Programs			
1	2	3	4

- Enter the "To Be A Patriot" Competition**
Form TBP-2 (due April 30)

Our Best Patriotic Program _____

- Meet the Assembly New Member Goal of 7%. Our Quota:**

	July	Aug.	Sept.	Oct.	Nov.	Dec.	Jan.	Feb.	Mar.	Apr.	May	June
Gains:												
Losses:												

- Publish Monthly Newsletter or Bulletin for Assembly Members**



Assemblies that excel in membership recruitment, sponsoring patriotic programs in their communities, report to the Supreme Council office and keep their members and others informed of assembly activities are eligible to earn the Star Assembly Award.

New Uniform Top Coat

Attached for your review a photo of the new top coat now available for sale at The Supply Room.



It is a beautiful, full cut 100% wool light weight coat that has a very nice feel and fit.

Please inform the assemblies the final product selection has been approved (in time for our cold weather months) and will be available for purchase at [www.kofcuniform.com/ the supply room](http://www.kofcuniform.com/the_supply_room).

Any questions about the coat may be addressed to Mr. Jim Craig through the supply room website.

From The Archives



The first exemplification of the Fourth Degree - Feb. 22, 1900 in New York.

Mommy and Daddy after
Abortion

Mommy... why did you hurt
me?
Daddy did you know?
Why didn't you fight for my
life?

Jesus said I would have
looked just like you
Your hair, your eyes, and even
your smile

I know you didn't mean it
Mommy

Daddy I know you love me.

Daddy, you will never get to
see me

You'll miss my first words,
you'll miss me fall and get
up.

Mommy, you'll never get to
comb my hair or paint my
nails, you'll miss me go to
kindergarten

You guys will miss my whole
life And I will to....

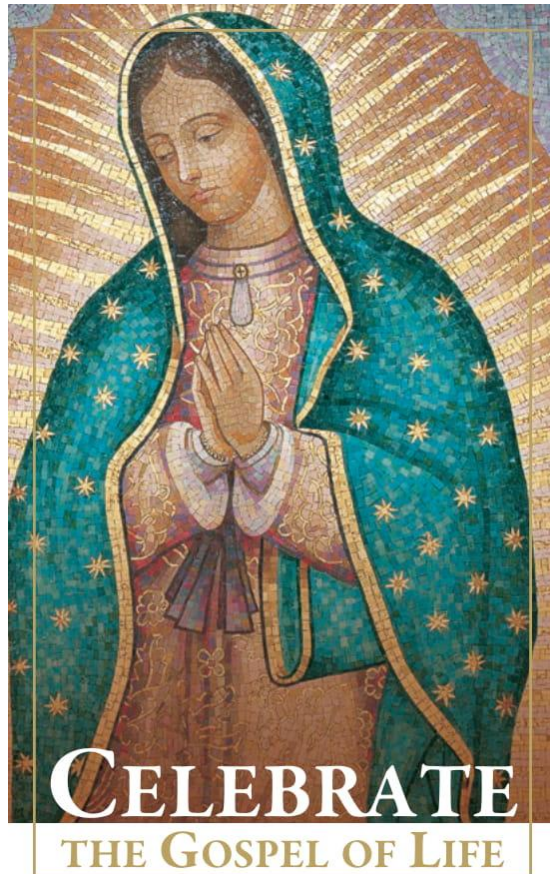
But don't worry, I am with
Jesus now.... Next time think
about what you are doing, and
who you are hurting,

I AM A PERSON

Mommy, Daddy, I love you,
wish you would have
loved me too

By: Danielle Martinez

CULTURE OF LIFE



Celebrate the Gospel of Life

O Mary,
bright dawn of the new world,
Mother of the living,
to you do we entrust the cause of life:
Look down, O Mother,
upon the vast numbers
of babies not allowed to be born,
of the poor whose lives are made difficult,
of men and women
who are victims of brutal violence,
of the elderly and the sick killed
by indifference or out of misguided mercy.
Grant that all who believe in your Son
may proclaim *the Gospel of life*
with honesty and love
to the people of our time.
Obtain for them the grace
to *accept that Gospel*
as a gift ever new,
the joy of celebrating it with gratitude
throughout their lives
and the courage to bear witness to it
resolutely, in order to build,
together with all people of good will,
the civilization of truth and love,
to the praise and glory of God,
the Creator and lover of life.

Joannes Paulus II
— *Evangelium Vitae*

4237 5/19

Join the Knights of Columbus Today With a Free Membership Offer

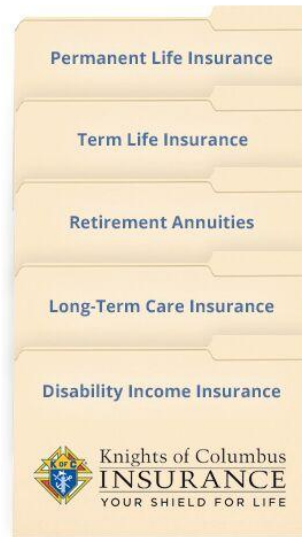


The Knights of Columbus is offering **FREE Online Membership** in commemoration of the beatification of our beloved founder, Father Michael J. McGivney on October 31, 2020. This gift of free first-year membership is open to all Catholic men between now and December 31, 2020. If interested, simply visit knights.net to complete the membership application and enter the promo code **MCGIVNEY2020** in the safety of your own home.



Since 1882, membership in the Knights of Columbus has been open to men 18 years of age or older who are "practical" (that is, practicing) Catholics in union with the Holy See. Since that time, the Knights of Columbus has understood "practical catholic" to mean a Catholic who accepts the teaching authority of the Catholic Church on matters of faith and morals, aspires to live in accord with the **precepts of the Catholic Church**, and is in good standing in the Catholic Church.

Knights of Columbus Insurance



The Knights of Columbus offers a complete portfolio of top-quality products to our members and their eligible family members.

Permanent Life Insurance – Insure Your Life for Life

Term Life Insurance – Affordable Protection for Temporary Needs

Retirement Annuities – Give Yourself a Paycheck for the Rest of Your Life. Guaranteed.

Long-Term Care Insurance – Protect Your Assets. Prepare for the Future.

Disability Income Insurance – Shield Your Income from Illness and Injury

VALUABLE ASSISTANCE AND PROGRAMS FOR CATHOLIC FAMILIES



[Click for more information](#)



Knights' Prayer



Our Lady, Queen of the Knights, bless all the activities of our Order. Keep us true to our pledge, to extend the kingship of thy divine son on earth.

Through Thine intercession, win for us the grace, ever to exemplify in our public and private lives, the virtues that should characterize those especially dedicated to the service of the heavenly court. Make us always aware that as your Knights, we are constantly observed, our faith judged, and our Order appreciated.

Accept, O Mary, this renewed pledge of fealty and devotion, of Thy Servants, the Knights of Columbus.

http://www.kofc11768.org/?page_id=19



God, our Father, protector of the poor and defender of the widow and orphan, you called your priest, Father Michael J. McGivney, to be an apostle of Christian family life and to lead the young to the generous service of their neighbor. Through the example of his life and virtue may we follow your Son, Jesus Christ, more closely, fulfilling his commandment of charity and building up his Body which is the Church. Let the inspiration of your servant prompt us to greater confidence in your love so that we may continue his work of caring for the needy and the outcast. We humbly ask that you glorify your venerable servant Father Michael J. McGivney on earth according to the design of your holy will. Through his intercession, grant the favor I now present (here make your request). Through Christ our Lord Amen.

Our Father, Hail Mary, Glory be to the Father

Please report all favors received: The Father McGivney Guild One Columbus Plaza AF New Haven, CT
06510-3326 USA

Take a Break for a Little Bit of Patriotism



[Click](#)

Speakers up!

To submit articles for the Newsletter please send them to jhrpnews@gmail.com by the 10th of the month for the next month's publication. Please send in a word (.doc) format and photos in a .jpg format.
